



## 50 Writing Prompts

Write your stories and find meaning in your life by using these prompts.

1. If you could do one thing over in your life, what would it be?
2. What makes you happy?
3. Looking back on your life, what do you regret?
4. What do you believe to be true – What do you know for sure?
5. What is the secret to a happy life?
6. What do you believe happens to us after we die?
7. Who or what has had the greatest influence on your life and why?
8. What are the qualities that you admire in your friends?
9. What is the hardest thing you've ever had to do?
10. How would you describe yourself?
11. If you could meet anyone in the world, who would it be and why?
12. What's important in your life?
13. If you had a million dollars, what would you do with it?
14. What's a secret ambition of yours?
15. Who in your life would you like to thank and for what?
16. What principles have guided your life?
17. Where do you find serenity?
18. What makes you sad?
19. What's the most important lesson you've learned in your life?
20. How would you like to be remembered?
21. If you had only one day to live, how would you live it?
22. How would you describe your spiritual beliefs?
23. Who is the most important person in your life today and why?

24. What was the worst job you ever had and why was it so bad?
25. What's your idea of a good time?
26. What's wrong with the world?
27. What's one big question you'd like answered?
28. What is it that you absolutely couldn't live without?
29. How would you describe yourself as a child?
30. What's the greatest gift you could give to someone you love?
31. What does love mean to you?
32. What was the best job you ever had and why was it the best?
33. If you had to evacuate your home immediately and could take only one thing, what would it be and why?
34. What do you still want to accomplish?
35. What's right with the world?
36. What's one thing you'd like to change about yourself?
37. How would you describe your perfect day?
38. What event in your life would you like to live over and why?
39. What are you avoiding?
40. What are your best qualities?
41. What's the most romantic thing you've done for someone?
42. Who are your heroes and why?
43. What are your failings?
44. What's the kindest thing you've done for someone?
45. What is more important to you, challenge or comfort and why?
46. How is your home like you?
47. If your life were a motion picture, what would the title be?
48. Who in your life would you like to forgive and for what?
49. What are the advantages of getting older?
50. What would you place in a time capsule that would tell a relative 100 years from now who you were?